

## **Top Ten Personal Safety Tips for Clergy**

1. 7 out of 10 clergy surveyed had experienced some kind of violence;
2. No-one is exempt from assessing their risk whether you are an Archbishop or an ordinand;
3. You **MUST** have some means to see who is outside of your front door;
4. **NEVER** give money to someone at the door, however, always offer an alternative of some sort;
5. Keep a record of the people who call in a small log book;
6. Always carry a personal attack alarm with you;
7. Use the personal attack alarm if someone threatens you, attempts to attack you or actually attacks you;
8. Think about how you would call the police if there was a problem, what would you do while you wait for them to arrive;
9. Always ensure that someone knows where you are going;
10. Preparation and Communication are the key!